TENNIS CENTRE NEWSLETTER FAMILY TRIVIA NIGHT Fundraising Event



Where: Haberfield Tennis Centre

When: 6pm-9pm Tickets: Adults \$25 Children \$15

Major team prizes and individual prizes to be won! Silent Auction & Lucky Dips Finger food provided Parents BYO Alcohol

Book a table at the pro-shop! Families are joined to make a table of 10



-1- or make your own

They Say That Tennis is 80% Mental (Your Thinking)

So when you play a match you are only playing points for about 15 minutes of every 60 minutes, therefore three quarters of the time you are playing is thinking time.

At the end of each point whether you won or lost the point you should review in your mind what happened during that point, and accept what has happened, and that you can't change it.

If you are angry because of what has happened, this will take some of your attention away from the point you will play next, and all the other points that you play while being angry.

You must remember you can only think of one thing at a time.

E.g. In your mind see yourself at home on the lounge watching TV. Ok, stop that. Now see yourself playing tennis.

Ok, now see yourself doing these two things at the same time.

You will find you can't do it. You will find yourself watching TV then tennis then TV, then tennis because you can only think of one thing at a time.

So therefore you should do your best not to get angry because this will take up too much of your attention for the rest of the match.

So what you have to do after each point is review the point, accept what has happened, know that nothing can change it. If possible decide how you could have played the point better.

Then you must release the point from your mind (stop thinking about it). And give your full attention to the next point, only thinking of what you are doing now.

Doing this will give you the best chance to play your best tennis and reduce your errors. Anybody who reduces their errors is a better player straight away.

Like us on Facebook "Haberfield Tennis Centre"

for your chance to win a FREE TENNIS LESSON

with a coach of your choice.

Winner will be announced at the end of term 2.

Good Luck!!!

TERM1 JUNIOR COMP PRESENTATION

Friday 27th April (Week 1 Term 2)

5.00pm

Join us for comp presentation followed by Family Trivia Night

Trophies and Prizes for:

1. Friday Night Competition Finalists

2. Friday Night Competition Undefeated Players

3. Squad Best & Fairest

Hope to see YOU there!!!



UPCOMING EVENTS

There are a lot of upcoming events in term 2 2012. Make sure to mark these dates in your diary so you don't miss out.

APRIL

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6

Centre closed over Easter long weekend. Re-open on 10th April

10

Easter Tennis Camp #1 4 Day Camp Tue 10th- Fri 14th

16

Easter Tennis Camp #2 5 Day Camp Mon 16th- Fri 20th 23 Term 2 Starts

25 Anzac Day Public Holido No Tennis Lessons

27 Term 1 Friday Night Comp Presentation Night & Family Trivia Night

11

JUNE

Queens Birthday Public Holiday No Tennis Lessons

29 Term 2 End

NOT A MEMBER YET?

SIgn up to Haberfield Tennis Centre to receive members offers.

- 1. Pro-Shop discounts 10% off
- 2.Half price junior court hire
- 3.10% discount at Tennis Ranch
- 4. Special tennis ticketing prices



TERM 2 2012

FORMS Groups and Squads forms and payments are due by 20 April to secure a place within the class

Friday Night Comp forms and payments are due by 27 April

MEMBERSHIP 2012-2013 DUE

Club Membership renewal is due this financial year

All competition players must renew their membership to be able to compete in comp

Forms available at the pro-shop

KIDS BIRTHDAY PARTIES

Includes

- On court tennis session with our tennis coaches (60mins)
- Fun tennis games for kids. No prior tennis experience required
- Large clubhouse with BBQ facilities available
- All tennis equipment supplied

Lolly Bags Costs

\$15pp. (minimum 10 kids)

Haberfield Tennis Centre supplies tennis coaches and tennis equipment. Party parents are to supply all food and decorations.



CHRISTMAS PARTY & TERM 4 PRESENTATION PHOTOS The Term 4 Presentation combined with the Haberfield Tennis Christmas Party was a huge success. Everyone had heaps of fun on the jumping castle as well as playing tennis and having a sausage sizzle.















WHAT'S NEW?



RENOVATIONS

Our new lounge room can finally be enjoyed. Seating is available for parents to enjoy whilst their children are playing tennis. Thank you to everyone that donated during our fundraisers.



WEBSITE

Make sure to have a look at our new website. All of the information you need to know about the tennis centre can be found here. This includes group and squad term sheets, membership forms and Friday Night Competition draws and results.



SPONSORS NEEDED

We are contacting members of the local business community to become a sponsor of the club. Various levels of sponsorship are being offered for a period of 12 months. This is a great opportunity for your business to advertise with us. If you would like to know more about this or are interested in supporting our club please feel free to contact Craig or Clare at the pro-shop.



EASTER TENNIS CAMP

Camp #1 4 Day Camp Tue 10th- Fri 13th April Camp #2 5 Day Camp Mon 16th- Fri 20th April

Daily \$40 Camp 1- 4 Days \$135 Camp 2- 5 Days \$170